

2025 Summer School Course Catalog



Course Information

Course descriptions are listed in alphabetical order. The first five lines of each course description contain the following information: Course title, course length (either 3, 4, 6, or 7 weeks), and eligible grades for which the course is available. Give careful attention to the grade level of each course. Please register for classes according to your child's current grade level at the time of registration (For example, if your child is currently in 4th grade please register them as a 4th grader). Please be sure you have enough courses to fill out the schedule. Busing students are required to have a 4-hour schedule.

Online class selection will open Wednesday, April 9 @ 5:00 pm and close on Monday, April 28, 2025 @ 4pm. Enrichment courses with insufficient enrollment will be canceled. We will assist you in finding other classes. All courses have a maximum number of students per class. Once this has been reached, enrollment will be denied.



- 1- Car Drop Off/ Pickup**
- 2- Bus Loading/ Bike Racks**
- 3- Staff Parking**

For Credit Courses

Credit Recovery Classes:

The summer school credit recovery course is individualized based upon the objectives (units) needed per student to demonstrate proficiency. Students who did not demonstrate proficiency on identified objectives during the regular school year will need to do so by the end of the summer school session. If a student demonstrates proficiency on all objectives identified for the individual student, the student is no longer required to attend this summer school course.

High School For-Credit Course Descriptions: GRADES 9 - 11

Algebra (Credit Recovery):

6 WEEK COURSE *2 Hour Course

GRADES 9-11 (Period 1-2, or Period 3-4) **Monday-Wednesday ONLY**

A student may make up a maximum of one semester of Algebra **or** Geometry during summer school.

Geometry (Credit Recovery):

6 WEEK COURSE *2 Hour Course

GRADES 9-11 (Period 1-2, or Period 3-4) **Monday-Wednesday ONLY**

A student may make up a maximum of one semester of Algebra **or** Geometry during summer school.

English 9 (Credit Recovery):

6 WEEK COURSE *2 Hour Course

GRADES 9-11 (Periods 1-2, or Periods 3-4)

A student may make up a maximum of one semester of English 9 **or** English 10 during summer school.

English 10 (Credit Recovery):

6 WEEK COURSE *2 Hour Course

GRADES 9-11 (Periods 1-2, or Periods 3-4)

A student may make up a maximum of one semester of English 9 **or** English 10 during summer school.

PLATO (Credit Recovery):

3 WEEK COURSE *2 Hour Course

GRADES 10-11 (Session 2 Periods 1-2, or Periods 3-4)

Plato Recovery courses will be available for students assigned to them in advance.

Science - Biology (Credit Recovery):

6 WEEK COURSE *2 Hour Course

GRADES 10-11 (Periods 1-2, or Periods 3-4)

A student may make up a maximum of one semester of Biology during summer school.

Science - Chemistry (Credit Recovery):

6 WEEK COURSE *2 Hour Course

GRADES 10-11 (Periods 1-2, or Periods 3-4)

A student may make up a maximum of one semester of Chemistry during summer school.

Science - Physical Science (Credit Recovery):

6 WEEK COURSE *2 Hour Course

GRADES 10-11 (Periods 1-2, or Periods 3-4)

A student may make up a maximum of one semester of Physical Science during summer school.

Middle School For Credit Course Descriptions: GRADES 6 - 8

JMS Counts:

ROOM: JMS Library

6 WEEK COURSE *4 Hour Course

GRADES 6-8 (Periods: 1-4)

This class is for students who have just finished 6th, 7th, or 8th grade. Parents/Guardians of students for this class would have received prior communication. The students in this class earned an incomplete in one or more courses from this past school year. The goal of this summer school course is for the student to complete the course. The duration of the summer school course will vary from student to student depending upon how much he/she has to complete and how driven the student is during summer school.

Kindergarten Camp and Ready, Set, Go Courses

These courses are designed to support student growth in academics.

Kindergarten Camp:

Jefferson Middle School

6 WEEK COURSE

For those entering 5-year kindergarten in Fall 2025.

The leap into Kindergarten can be a large one for 5 year olds! Have them come get ready for Kindergarten this summer in a fun, interactive, and hands-on environment! We'll practice all Kindergarten readiness skills they need to enrich their academic, social, emotional, and physical growth...and have fun doing it!

This class is offered to children who will be entering 5 yr. old Kindergarten in the fall. It will be a half-day full of fun activities. They will do art projects, musical activities, movement exercises. An emphasis will be placed on phonemic awareness activities because of the critical role phonemic awareness has in developing good reading abilities.

Mark your calendars for our annual parade on the last day of school, Thursday, July 24!

Ready, Set, Go:

These courses are designed to support student growth in academics. ***We advise these classes for students who have been recommended by their teacher. A recommendation note would have come home about this class. Please contact your child's teacher if you have any questions.***

READY, SET, GO TO 1ST GRADE - MATH

6 WEEK COURSE

GRADE K

This class is designed for students who need remedial assistance in math. We will review the core skills of math that will best prepare the student for 1st grade.

READY, SET, GO TO 1ST GRADE - READING

6 WEEK COURSE

GRADE K

This class is designed for students who need remedial assistance in reading. We will review the core skills of reading that will best prepare the student for 1st grade.

READY, SET, GO TO 2nd GRADE - MATH

6 WEEK COURSE

GRADE 1

This class is designed for students who need remedial assistance in math. We will review the core skills of math that will best prepare the student for 2nd grade.

READY, SET, GO TO 2nd GRADE - READING

6 WEEK COURSE

GRADE 1

This class is designed for students who need remedial assistance in reading. We will review the core skills of reading that will best prepare the student for 2nd grade.

READY, SET, GO TO 3rd GRADE - MATH

6 WEEK COURSE

GRADE 2

This class is designed for students who need remedial assistance in math. We will review the core skills of math that will best prepare the student for 3rd grade.

READY, SET, GO TO 3rd GRADE - READING

6 WEEK COURSE

GRADE 2

This class is designed for students who need remedial assistance in reading. We will review the core skills of reading that will best prepare the student for 3rd grade.

READY, SET, GO TO 4th GRADE - MATH

6 WEEK COURSE

GRADE 3

This class is designed for students who need remedial assistance in math. We will review the core skills of math that will best prepare the student for 4th grade.

READY, SET, GO TO 4th GRADE - READING

6 WEEK COURSE

GRADE 3

This class is designed for students who need remedial assistance in reading. We will review the core skills of reading that will best prepare the student for 4th grade.

READY, SET, GO TO 5th & 6TH GRADE - MATH

6 WEEK COURSE

GRADES 4-5

This class is designed for students who need remedial assistance in math. We will review the core skills of math that will best prepare the student for their next grade.

READY, SET, GO TO 5TH & 6th GRADE - READING

6 WEEK COURSE

GRADE 4-5

This class is designed for students who need remedial assistance in reading. We will review the core skills of reading that will best prepare the student for their next grade.

Enrichment Courses

Enrichment Course Descriptions: GRADES K - 11

Please register for classes according to your child's current grade level at the time of registration (For example, if your child is currently in 4th grade please register them as a 4th grader). *Online class selection will be closed on Monday, April 28, 2025.* Courses with insufficient enrollment will be canceled. We will assist you in finding other classes based on availability. All courses have a maximum number of students per class. Once this has been reached, enrollment will be denied.



A Little Spot of Emotions:

3 WEEK COURSE

GRADES K-2

Explore Diane Alber's Little spots of emotions in a fun and engaging way. Read the stories, participate in games and activities, and create projects and crafts to go along with your exploration and learn emotional management along the way.



Around the World in Spanish: *2 Hour Course

3 WEEK COURSE

GRADES 4-8

Have you ever wondered about the countries and cultures in which Spanish is spoken? This course includes music, art, games, crafts, foods, and how Spanish is spoken in Spain, Mexico, Puerto Rico, Costa Rica, Peru, and Chile.

Art Metal:

3 WEEK COURSE

GRADES 4-11

Using different metals, students will design and create jewelry and or sculptures. Students will use tools such as jeweler's saws, drills, pliers and files.

Band Camp Marching Band: August 11-15, 2025 1:30-6:00 pm **No Busing

GRADES 9-11

There is no online registration for this class. Registration is scheduled through the band department. The Jefferson High School Band Department offers a Summer Marching Band Camp offered to all high school band members. The band department will contact members with more information.

Band Lessons:

4 WEEK COURSE (June 10 - July 3rd)

GRADES 6-11

There is no online registration for this class. Registration is scheduled through the band department. The Jefferson Band Department offers Summer Band Lessons for the first 4 weeks of summer school.

Basketball Skills:

3 WEEK COURSE

GRADES 1-3 GRADES 4-5 GRADES 6-7

This class is open to boys and girls focusing on the basics of ball handling, shooting, finishing, on-the-ball defense, team defense, rebounding, game play, teamwork, and fair play. This class will incorporate fun drills and games to spark interest in the game. This is a great opportunity to practice your skills over the summer! Good sportsmanship is discussed and expected.

Batter Up:

3 WEEK COURSE

GRADES 1-2 GRADES 3-5

Come join the fun in the sun and learn about baseball. We will talk about rules and how the game works. We will also practice techniques on throwing, hitting, pitching, base running, teamwork, and fair play. This is a great way to learn and practice baseball taking in the safety of plastic and foam baseballs. Good sportsmanship is discussed and expected. Please bring your glove and batting helmet!

Be YOU:

3 WEEK COURSE

GRADES 2-5

Students in this course will work towards building their self-confidence, celebrating the importance of uniqueness (both themselves and friends), and building positive habits. We will use mindfulness, yoga, gameplay, and crafts to explore our feelings and actions while developing strong friendship skills. Students will develop a stronger sense of their personal strengths and learn self-coping strategies while building healthy habits to help care for their mental health. By the end of the course students will be recognizing their own greatness!

Blast Off to Outer Space:

3 WEEK COURSE

GRADES 3-5

BLAST OFF!! Come be an Astronomer and learn about outer space. This class is filled with many science, hands-on, and literacy activities! Get ready to learn all about our solar system.

Board Game Blitz:

3 WEEK COURSE

GRADES 3-9

Do you love to play board games? Students will learn the basic rules of various board games. Cooperation, critical thinking, and decision-making will be stressed. They will also participate in large group games such as Bingo, Pictionary, Scattergories, and trivia games.

Bowling:

3 WEEK COURSE *2 Hour Course

GRADES 2-4 GRADES 5-8

This course will take place at Rock and Bowl Hall of Lane. Round-trip transportation will be provided. An instructor will provide lessons and students will get the opportunity to bowl 1-2 games each day. Equipment is provided for the students.



Brainy Builders:

3 WEEK COURSE

GRADES 2-5

Brainy Builders is a course that will let your imagination work over time! Come and create with K'NEX. K'NEX can be used to construct innumerable creations because many different pieces can interlock at different angles and directions. Create and construct roller coasters, and contraptions in various sizes.

Cardboard Kingdom:

3 WEEK COURSE

GRADES 3-6

Calling all Kings and Queens! Create your very own castle in this creative building course. Students will use cardboard (Paper towel tubes, cereal boxes, etc.) and other materials to build a small-scale castle fit for any royal. Let your imagination run wild!

Cardio Drumming:

3 WEEK COURSE

GRADES K-3

This is a drum routine that our children just love! Connect with your true rhythm in life combining drumming, music, rhythm, and movement. Drumsticks, fitness balls, hands, and drums are all you need to bring fun back into fitness. Express yourself, release stress and aggression, sweat, sing, and enjoy the sense of community.

Ceramics:

3 WEEK COURSE

GRADES 4-11

This course offers students a chance to learn a variety of techniques necessary for working with clay. Projects will all be of the hand-built variety. You may register for this class in both sessions.

Chess:

3 WEEK COURSE

GRADES 3-6

This course offers students a chance to learn basic fundamentals and techniques for playing chess.

Chess, Jr.:

3 WEEK COURSE

Grade: 1st-3rd grade

This course is designed for younger first-time chess players to learn the basic rules of chess.

Comic Book Palooza:

3 WEEK COURSE

GRADES 3-5

Come explore the world of comics through reading, and eventually, creating your very own!

Computer Camp:

3 WEEK COURSE

GRADES K-2 GRADES 3-5

Explore educational, fun, and age-appropriate internet sites in a variety of subjects including reading, math, and science. (Examples – Fun Brain, Primary Games, Starfall.com, LearningPlanet.com, Brain Pop, National Geographic, ABCya, Scholastic, PebbleGo, and many more.)



Connect and Grow:

3 WEEK COURSE

GRADES K-2

Dive into the world of Slumberkins with stories, activities, and other social and emotional learning tools to support child well-being. A character-centered class centered around empowering children to be caring, confident, and resilient. We'll explore topics like empathy, kindness, self-confidence, and more!

Crazy Art:

3 WEEK COURSE

GRADES K-2

In this class we will focus on all the fun art projects! Shaving cream marbling, marble painting, Simon says art, baking soda and vinegar creations, finger knitting, scratch art, junk sculpture, and many more creations waiting to be created!

Creative Engineers:

3 WEEK COURSE

GRADES 2-4 GRADES 5-6

Students will engage in hands-on engineering assignments that will challenge them to design and create their own projects. The students will be inspired to investigate and use their own creative critical thinking skills through this class. The students will be challenged to create their own Puff Mobile, Penny Bridge, and Tallest Building, along with a Recycling Robot and many other projects. These real-world projects help to demonstrate some basic engineering concepts to children.

Creative Writing:

3 WEEK COURSE

GRADES 4-8

Creative Writing is a course that explores different genres of writing, through both reading and writing, as well as the other necessary elements needed to improve writing and composition skills. This course is designed with the goal of inspiring students to develop original pieces and ideas. Through writing and thinking, students will learn to become better readers, writers, and thinkers. The skills focused on in this course will help students in other courses as well, especially English. Writing genres covered are autobiographies, family storytelling, fairy tales, fantasies, short stories, and journals.



Cribbage & Cards:

3 WEEK COURSE

GRADES 3-8

Learn to play enjoyable card games including cribbage, hearts, "golf" and solitaire games. Come and enjoy the fun!

Crochet:

3 WEEK COURSE

GRADES 4-11

Learn the basics of crocheting while making the project of your choice, such as a phone holder, bookmark, hair ties, small bag, or scarf. Crochet hooks and yarn will be provided. You may need to purchase your own yarn for larger projects such as scarves or blankets.



Dance, Dance, Dance:

3 WEEK COURSE

GRADES K-2, 3-5

Kids will have fun in this upbeat class. They will learn various styles and trends in hip-hop dance and routines related to those styles.

Dino Discovery:

3 WEEK COURSE

GRADES K-3

Explore the world of dinosaurs through the use of technology, creative imagination, and literature. We will roar into the family tree of relatives to learn the different species of dinosaurs, bones, what dinosaurs ate, where they lived, and more. Use your imagination and creativity to stomp out projects and hands-on activities. "IT'S GONNA BE A DINO-MYTE CLASS!"



Dungeons and Dragons, Beginners:

3 WEEK COURSE

GRADES 5-8

Welcome travelers! In Dungeons and Dragons beginners we combine dramatic storytelling, imagination, teamwork, and math! Create a traveler and embark on a journey through a fantasy world. This version is more advanced than Dungeons and Dragons Jr., and allows students to have more control over their adventures!

Dungeons and Dragons, Jr.:

3 WEEK COURSE

GRADES 3-4

Come embark on magical fantasy adventures where you take part in a fun and interactive storytelling experience combining math and imagination!

Fishing:

3 WEEK COURSE *2 Hour Course

GRADES 4-8

This course will introduce students to the species of fish found in the Rock River and surrounding bodies of water and how to catch them! We will discuss both freshwater fishing and ice fishing. Students will need a positive attitude, dress for changeable weather conditions, bring sunscreen, and provide their own tackle box and equipment. This is a two-hour course each day. (Fishing license not required until age 16) "Give a person a fish and they will eat for a day, teach them to fish and they will eat for a lifetime." This course entails off-site instruction. If your student has severe outdoor or bee allergies please give careful consideration before enrolling in this course.

Harry Potter:

3 WEEK COURSE

GRADES 2-3 GRADES 4-8

Come and explore the wonderful world of Harry Potter! Students will make wands, a patronus, read books, hunt for Horcruxes, and explore all things Potter!

History of Rock and Roll:

3 WEEK COURSE

GRADES 4-9

This course will give students the opportunity to discover the history of rock 'n' roll in vivid detail. In "The History of Rock 'N Roll", students will learn where rock music started, how it evolved, its highs and lows, its outlaws and visionaries, and how it changed social history by combating racism and challenging the establishment in everyday life. Students will have the unique opportunity to explore many of the revolutionary artists who defined rock 'n' roll, as well as the unsung heroes in genres from rockabilly to psychedelia, punk, metal, and beyond. Students will learn about the musical and business trends in rock, major technological innovations, the prime innovators, and the historical context that has seen rock alternately flourish and struggle over the past 60 years.



Improvvisational Theatre:

3 WEEK COURSE

Grades: 7-11

Students will learn the fundamental principles of performing improvisational theatre and will have the opportunity to demonstrate their learning by playing theatre games and performing short-form improv.



"I Survived" Book Club:

3 WEEK COURSE

GRADES 3-4

We will spend the 3 weeks exploring history through fictional stories surrounding global historical events!

It's A Dog's World:

3 WEEK COURSE

GRADES K-4

This class is all about the different breeds and needs of dogs. We will learn about the Humane Society and different shelters that help dogs. We will be visited by the K-9 Police Dog. A guest trainer will teach us about obedience and agility training. We will enjoy visits from the Jefferson Veterinary Clinic and do fun dog projects.

Junior Eagle Running Club-Advanced:

3 WEEK COURSE

GRADES 5-10

This class is designed for students to increase their distance, stamina and/or pace. The purpose is for students to achieve their individual goals by the end of the 3 weeks. Appropriate tennis shoes required!

Junior Eagle Running Club-Beginner:

3 WEEK COURSE

GRADES 3-6

This class is designed for students who are interested in learning how to make running a part of their lives and making healthy choices. The goal will be to run one mile by the end of the 3 week course. Appropriate tennis shoes required!

Lego Mania:

3 WEEK COURSE

GRADES K-2 GRADES 3-4

Do you like to build with Legos? Here is your chance to get creative with Lego building blocks! Students will let their imaginations run wild to create skyscrapers, ships, vehicles, and anything else they can dream up. Students will be presented with Lego "challenges", such as building the strongest skyscraper, and also be given free work time. Come join the fun!

Mad Scientists:

3 WEEK COURSE

GRADES 2-3

Students will have the opportunity to observe, predict, create, and experiment with crazy science activities. This is a hands-on class for those that like to research and have fun with learning.

Math Maniacs:

3 WEEK COURSE

GRADES 3-6

Make math fun and exciting as we learn and develop skills. We will use our math skills during games and fun activities. We will play Math-24, teach math "tricks" using math skills like ordering from a menu and figuring the tax and tip.

Mosaics:

3 WEEK COURSE

GRADES 4-11

Students will enjoy making a variety of arts and crafts projects during this three-week course. We will explore a variety of art techniques and materials, including drawing and painting, printmaking, jewelry and mosaic making.

Music In Film:

3 WEEK COURSE

GRADES 4-9

Film is one of our most prominent art forms. In many ways it is a reflection of our culture, as it is a primary means of entertainment and diversion for our society. The study of film has often centered on the visual aspects of the medium, with little attention given to the important role that music plays. The purpose of this course will be to obtain an increased awareness of the many functions of film music and learn about its prominent role in the cinema. We will study the works of many prominent film composers as well as some of the lesser known ones. In addition, we will explore the elements of music, musical forms, and style periods. Combining an increased knowledge about music with an understanding of the functions of the film score will enhance our awareness of the not-so-hidden dimension of film, its music.



Musical Theatre Bootcamp: *3 Hour Course

3 WEEK COURSE

GRADES 7-11

Students will explore the many facets of musical theatre in this three-week course, including dancing, singing, acting, and the technical elements of theatre production. Students will have the opportunity to prepare musical theatre songs and monologues for a final performance with coaching from Mr. Clarksen.

Outdoor Sports:

3 WEEK COURSE

GRADES 3-4 GRADES 5-7

Students will have the opportunity to work in teams to play different outdoor sport games, similar to, but limited to kickball, bean bag toss, ladder golf, washer toss, flag football, dodgeball, baseball, and ultimate frisbee. Class is open to boys and girls. Overall, students will learn game rules, sportsmanship and just have fun with friends while getting some quality exercise.

Pillow Palooza:

3 WEEK COURSE

GRADES 4-11

Pillow Palooza is a beginning quilting class with a goal of making a cuddly pillow, pillowcase and upcycled dog bed. Students will be able to choose from a variety of options for the pillow. Students will learn how to make a burrito pillowcase with fabric chosen by the student. Students will upcycle denim to create a dog bed. Prior sewing experience is not necessary and fabric choices are provided.



Ping Pong:

3 WEEK COURSE

GRADES 5-8

Learn the fundamentals and rules of ping pong while sharpening your skills playing singles or doubles matches. This class is open to boys and girls.

Play-Doh Creations:

3 WEEKS

GRADES K-5

In Play-Doh Creations students will start week one through experimentation! Want to learn how to make your own play-doh? Week two is challenge week! Can you build a structure taller than you are using only play-doh and spaghetti noodles? Week three is game week! Create your own board game and play-doh game pieces, then put your game to the test playing with other classmates!



Pokemon Summer Academy:

3 WEEK COURSE

GRADES 1-3

Calling all Pokémon trainers! Get ready to dive into the world of Pokémon, pick your starter, learn about the different regions, rare mythical Pokémon, challenging gym leaders, earning badges, and even watch some of the T.V. series! This class has art activities that go along with some of the topics.

Princess Fairy Tales:

3 WEEK COURSE

GRADES K-4

Do you love Cinderella and Snow White? We will read the book, A Princess Primer: Fairy Godmother's Guide to Being a Princess. A retiring fairy godmother reveals all you'll need to know about being a princess—how to wear a sparkling tiara and much more. Through fun activities, we'll see that a girl's inner beauty is what counts most in being a princess or a beautiful Fairy.

Quilting Basics:

3 WEEK COURSE

GRADES 4-11

This class is for students who want to learn how to use a sewing machine to make a pillow, tote bag or small quilt. The students will learn how to cut fabric, pin pieces, sew seams, and use an iron to press items. The students will make a charity project for the community as well as items for personal use. Fabric and thread is available for projects if it is needed by students. Prior experience is not required. This class is open to both boys and girls and may be taken both sessions.

Rainforest:

3 WEEK COURSE

GRADES K-3

Discover the rainforest in this exciting course as we transform the classroom into the depths of the jungle. Learn about the different layers of the forest and the types of plants and animals that live there with books, projects, and other engaging activities.

Reading Express:

3 WEEK COURSE

GRADES K-3

Join the fast reading express as we explore the world of Dr. Seuss and Eric Carle and more. The Very Hungry Caterpillar, The Grouchy Ladybug, along with Cat in the Hat and One Fish, Two Fish, Red Fish, Blue Fish will take you on this adventure. Students will read stories and become transformed into their favorite character. Bring your creative self and be ready to have some fun.

Reading is Fun:

3 WEEK COURSE

GRADES K-2 3-5

This class will be a combo of read alouds and read to self. Keep reading stamina, learn about the summer reading program and continue to work on comprehension skills. Students may bring books from home or borrow from school.

Recycled Creations:

3 WEEK COURSE

GRADES K-2 GRADES 3-5

What do a tin can, paper plate, and toilet paper tube all have in common? They can all be recycled to be created into something else! K-5 students: Bring your creative side and let your imagination soar in Recycled Creations. Mystery box creations, bird feeders, and marble mazes are just a few creations we will make!



Self-Love and Positivity:

3 WEEK COURSE

GRADES 3-5

Start each class with a positive affirmation and mindfulness activity, and then move into doing creative movement and yoga to go along with the core word or phrase for the day. Join us in building our confidence and nourishing our mental health!

Snackalicious:

3 WEEK COURSE

GRADES 1-4

Tasty treats! Salty and sweet! Learn simple, speedy recipes the whole family will love. PLEASE bring a hat to class. IT IS YOUR RESPONSIBILITY TO NOTIFY THE TEACHER OF ANY FOOD ALLERGIES BEFORE THE START OF CLASS!

Soccer:

3 WEEK COURSE

GRADES K-1 GRADES 2-3

This class is open to boys and girls. We will put the skills we have practiced to play the game of soccer. We also will reinforce sportsmanship, review the rules of soccer, and learn teamwork.

Spanish:

3 WEEK COURSE

GRADES K-2 GRADES 3-5

This is an introduction and review of the Spanish language and Hispanic culture. Students will learn phrases and basic vocabulary in Spanish. We will play games in Spanish and work on projects.

Spectacular Spiders:

3 WEEK COURSE

GRADES K-3

Discover facts about the different kinds of spiders and tarantulas and other unusual insects. You will then create and eat your own edible creepy crawly!

Speed & Strength:

SPEED & STRENGTH ADVANCED June 9 - July 24, 2025

****Busing not provided June 9 - June 13, 2025**

ROOM: Weight Room #102

7 WEEK COURSE ***2 Hour Course**

GRADES 8-11 (6-7:55AM Period 0 or 8-9:55AM Period 1-2)

This course is offered to boys and girls. The first hour of this class will be designated to

stretching and a component of conditioning, agility, plyometrics, and/or speed work. The second hour of each class will be in the weight room with supervised instruction. The routines/workouts can be designed to the student's specific goals. **NO LOCKER ROOMS WILL BE AVAILABLE. MUST BRING CLEATS FOR OUTSIDE WORK!**

SPEED & STRENGTH BEGINNERS

ROOM: Weight Room #102

6 WEEK COURSE

GRADES 5-8 (Period 3 or 4) *You may attend this class for only one period.

This one-hour course will include components of flexibility, conditioning, agility, plyometrics, speed work, and weightlifting. This course is designed to develop the proper techniques of younger students and serve as a precursor to the Speed and Strength Advanced class. **NO LOCKER ROOMS WILL BE AVAILABLE.**

Stained Glass:

3 WEEK COURSE

GRADES 4-11

Students will learn how to cut, grind, foil, and solder glass in order to produce a stained glass piece. This class is for advanced art students that have a strong attention to detail and are able to be responsible with a variety of tools.



STEAM:

3 WEEK COURSE

GRADES 4-5

Students will explore how the worlds of art and math are connected through different projects. Students will create a tessellation, a city skyline connected to the number pi, and a candy/scale picture using a grid system.



Summer Art:

3 WEEK COURSE

GRADES K-2, 3-6

Creating all types of art to celebrate the summer season!

Summer PE:

3 WEEK COURSE

GRADES 5-11

This class will involve the exciting activities of badminton, basketball, dodgeball, floor hockey, handball, and speedball. The weight room will not be available through this class. See Speed and Strength class for weight room times.

Summer School Tutors:

3 WEEK COURSE

GRADES 6-11 (Hourly both Sessions)

Register for the hours you are willing to help and we will work together to place you in a class you would enjoy. You **MUST** register if you plan to be a tutor. We will be unable to add tutors after registration is closed. Contact Jenny Schroedl if you have any questions about volunteering (920-675-1195). If you have already spoken with a teacher, please register and email us at summerschool@sdoj.org so you get placed with that teacher.

Summertime Games:

3 WEEK COURSE

GRADES 2-4

This outdoor class is full of fun activities. We play outdoor games, blow bubbles, relay races, and more. This class will teach students the skills needed to engage in different activities, physically and socially. Socially we will learn about playing fair, picking teams, solving problems. Activities include, but are not limited to: Kickball, Wiffle Ball, Capture the Flag, Bocce Ball, Ladder Golf, and Washer Toss.

Swimming:

3 WEEK COURSE

GRADES K-6 (Hourly, both Sessions) ***You may attend this class only once during summer.**

Students will be tested on their swimming skills and placed in the appropriate level for this 3-week course.

Level 1 Grades K-6

In this level, students will become familiar with water safety, stationary kicking, front kick and back kick with a noodle. To test out of level one students will be able to independently retrieve a submerged object, front and back kick with alternating arms. Students perform the surface swim with pop-up style breathing independently for 15 feet. (Independent means that the student can now perform the skill independent of the use of a Power Swimmer or other approved progressive flotation aide).

Level 2 Grades K-6

In this level, students will be introduced to freestyle, backstroke swimming, and treading water. To test out of level two students will be able to independently perform a front/ back float, tread water for 30 seconds in 10 feet of water, and freestyle with face in the water for 25-30 feet.

Level 3 Grades K-6

In this level, students will be refining their freestyle and backstroke, and introduced to the butterfly and breaststroke. Students will also be treading water and refining their rotary breathing. To test out of level three, students will be able to independently perform freestyle, backstroke, and breaststroke with rotary breathing for 25 feet and tread water for one minute in 10 feet of water.



Tennis - Elementary:

3 WEEK COURSE

GRADES 1-2 GRADES 3-4

These tennis lessons, geared for grade school students, will be held on the high school tennis courts. The major emphasis will be the basics plus fun! Junior rackets will be furnished and softer balls used to make learning much easier for the students.

Track & Field:

3 WEEK COURSE

GRADES K-2 GRADES 3-5

Do you want to try different track and field events? In this class, drills and exercises are taught throughout the session to emphasize proper posture and running mechanics. This class is a great foundation for all sports. In addition to the physical training, kids learn about teamwork and how the technique can improve an athlete's performance.

Trivia:

3 WEEK COURSE

GRADES 4-8

Throughout this class, we will test students' knowledge of trivia throughout all branches of academia and culture. Testing trivia is a workout for your brain and broadens your knowledge of common sense topics that all students should have an understanding of going through all levels of education and life itself. By conducting trivia students improve their cognitive abilities, and expand their intelligence. Particular topics will include history, sports, science, arts, common household knowledge, entertainment, culture, nicknames, food, pop culture, etc.

Students will be placed into teams either on a daily/weekly basis and we will play different trivia games (Family Feud style, Jeopardy style, and just normal trivia questions), keep score, and teach them to cooperate with teammates and deal with adversity in competition.



Ultimate Frisbee:

3 WEEK COURSE

GRADES 5-11

Are you looking for a fun and exciting fast-paced game? Come try Ultimate Frisbee! You will run, pass, score, and laugh at the many amazing catches you and your classmates make. Target practice games and rewards happen often in this skill-based game. So come and try your hand at Ultimate Frisbee!

Walk, Learn, Thrive:

3 WEEK COURSE

Grade Level: 2nd-4th grade, 5th-8th grade

This course helps students establish a regular walking program for health and fitness. Walking is appropriate for students of all fitness levels and is a great way to maintain a moderately active lifestyle. In addition to reviewing fundamental principles of fitness, students learn about goals and motivation, levels of training, walking mechanics, safety and injury prevention, appropriate attire, walking in the elements, and good nutrition and hydration. Students will also be able to be social on our walks or choose to learn through a wide variety of The Walking Classroom audio content such as Idioms, The Heart and Circulatory System, Simile and Metaphors, Volcanoes, Maya Angelou, Robert Frost, and many more!

Wrestling:

3 WEEK COURSE

GRADES: K-2, 3-5, 6-8

In this class, we will learn the basics of wrestling and build upon each previous day. We will talk daily about having a wrestling mindset and what it takes to be a champion. If a tournament arises nearby, the coach will suggest we all attend together.

Yoga Quest Adventure:

3 WEEK COURSE

GRADES K-2

Explore the world of yoga in a fun and engaging way for kids! Join each other on different adventures and interactive activities designed to nourish mental health - socially, emotionally, and physically.

Young Artist:

3 WEEK COURSE

GRADES K-2 GRADES 3-5

Students will explore various art materials and techniques to create one-of-a-kind pieces of art. Drawing, painting, and printmaking are just a few of the techniques we'll explore. So bring your imagination and an art smock for some fun in the summer!

Youth Leadership and Goal Setting:

3 WEEK COURSE

GRADES 4-9

Through a series of lectures, guided interaction, and group exercises, students will explore the principles of leadership and learn to develop individual and group leadership skills to impact their lives and their communities. Content areas include decision-making, goal setting, effective communication, and organization and time management skills.



Zen Zone: A Summer School Escape:

3 WEEK COURSE

GRADES 2-3, 4-5, 6-7

Step into *Zen Zone*, where relaxation meets creativity! This summer school class offers a peaceful retreat filled with hands-on, stress-free activities designed to soothe the mind and spark the imagination. Each day, students will rotate through calming stations, including: Mini Zen Gardens, Peaceful Puzzles, Glitter Jars, Tranquil Art, Hydration Station, and Tasty Bites. All of this takes place in a serene setting with soft music, gentle lighting, and cozy spaces. Whether you're looking to relax, refocus, or simply enjoy a creative escape, *Zen Zone* is the perfect place to refresh your spirit this summer!